



**RIGHT TO PROTECTION**POLAND

HUMANITARIAN RESPONSE DIGEST





## **CONTENT**

FOREWORD03
MISSION, VALUES, AND PRINCIPLES OF RIGHT TO PROTECTION 05
CONTEXT OF R2P REPRESENTATIVE OFFICE'S WORK IN POLAND07
ACTIVITIES OF THE FUND'S REPRESENTATIVE OFFICE IN POLAND08
TEAM OF THE POLISH REPRESENTATIVE OFFICE OF RIGHT TO PROTECTION
_EGAL AID10
ADVOCACY FOR THE RIGHTS16
ECONOMIC INCLUSION
PSYCHOLOGICAL SUPPORT20
NFORMATIONAL, EDUCATIONAL, AND CULTURAL ACTIVITIES  OF THE FUND
COMMUNICATION RESULTS28
PARTNERSHIPS AND CROSS-SECTORAL COLLABORATION29
RIGHT TO PROTECTION IN UKRAINE
DIGHT TO DEOTECTION IN FIGURES 31

## **FOREWORD**

The year 2024 marked a stage of active growth for the Polish representation of Right to Protection. The Fund focused on expanding legal, psychological, and informational support for Ukrainians forcibly displaced to Poland. It also launched new activity directions in response to present-day needs, including economic resilience support, entrepreneurship development, and digital self-help tools.

The Fund strengthened its advocacy presence — our experts engaged in consultations, initiated public discussions, and cooperated with Polish partners, the media, and non-governmental and international organisations. As a result, our beneficiaries not only received support but also saw their interests represented in public spaces.

I am grateful to the Right to Protection Poland's team, who work every day with deep empathy and responsibility. Their consistent efforts exemplify professional, humane, and purpose-driven support that truly changes lives.



**Oleksandr Galkin**President of Right to Protection



The year 2024 was one of resilience and strengthened expertise. We continued to serve as a point of support for Ukrainians in Poland while fostering strong partnerships with civil society and international organisations. These connections enable us to create a more profound and lasting impact. The trust of our beneficiaries is the best proof that we are moving in the right direction.



**Ivanna Herus**Director for Strategic and Organisational
Development of Right to Protection





In 2024, we focused our efforts on reinforcing systemic support for Ukrainians seeking protection in Poland. Legal assistance, psychological support, individual counselling, and guidance in difficult situations formed the backbone of our work.

The launch of the Legal Advisor 2.0 for Ukrainians in Poland chatbot gave thousands of people quick access to reliable information about their rights and available services. Meanwhile, our lawyers and psychologists continued daily work with those requiring special attention.



**Swjatoslawa Nykorovych-Mendel** Director of Right to Protection Poland

We strengthened our collaboration with

Polish partners, participated in public discussions, and expanded our advocacy efforts — amplifying the voices of protection seekers in dialogue with authorities and civil society.

Our team comprises professionals with a deep understanding of the context, trust in people, and a constant willingness to find solutions. In 2024, we not only provided support — we developed sustainable approaches to assisting Ukrainians in Poland.

# MISSION, VALUES, AND PRINCIPLES OF RIGHT TO PROTECTION



## **MISSION**

We protect people in need of protection, particularly in situations of conflict, disaster, and forced displacement. We also promote the development of societies capable of ensuring sustainable safety for every individual and preventing future crises.



#### **HUMAN DIGNITY**

The human being is our highest value. Our work aims to build a society where meeting human needs, respecting individuals, their rights and freedoms, equality, and development are the norm. We value the uniqueness and diversity of each person, seeing them as a source of movement and growth. We recognise everyone's right to their own position and choice. Tolerance and openness are the foundation of our engagement with each person.

#### **TRUST**

We are trusted because we care and take responsibility. We are honest and transparent with our beneficiaries, partners, and colleagues, and we build our relationships on mutual trust, strengthened by experience and professionalism. We objectively assess situations and carry out our work responsibly. The compassion and balanced actions of our staff help ensure the best outcomes for beneficiaries and partners.

#### **PROFESSIONALISM**

Everything we do is done professionally. Our team comprises experts in their respective fields, committed to growth and dedicated to continually improving their skills. We act with full commitment and responsibility, follow professional and ethical standards, and implement high standards of organisational operation and management.

## CONTINUOUS DEVELOPMENT

By developing ourselves, we help others. We strive to be a leader in our field, constantly improving our skills and supporting the growth of others. We look ahead, set ambitious goals, and implement innovations. We promote high-quality systemic changes in the state and society to ensure a dignified and safe life for people.

## MISSION, VALUES, AND PRINCIPLES

## **OF RIGHT TO PROTECTION**



#### HUMANITY

We strive to minimise human suffering to the greatest extent possible.

#### **NEUTRALITY**

We do not take sides in hostilities or political, racial, religious, or ideological disputes.

#### **IMPARTIALITY**

We treat all beneficiaries objectively, fairly, and without bias.

#### Non-discrimination

We do not discriminate based on social group affiliation.

#### INDEPENDENCE

We remain independent of political, economic, military, or other external objectives.

### **RULE OF LAW**

We are fully accountable to the law and encourage our partners and beneficiaries to uphold it.



# **CONTEXT OF R2P REPRESENTATIVE OFFICE'S WORK IN POLAND**

Right to Protection is one of Ukraine's leading human rights organisations, working for over 10 years to protect the rights of internally displaced persons, asylum seekers, and stateless individuals.





Following the full-scale invasion of Ukraine, millions of people were forced to flee their homes and seek safety abroad. Given the scale of forced displacement, in 2023, the Fund opened a representation in Poland — Right to Protection Poland — to support Ukrainians who were forcibly displaced and found refuge there.



The activities of the Polish Representation focus on supporting adaptation and protecting the rights of people who found themselves in Poland as a result of forced displacement. This includes providing legal assistance, support in accessing services, informing people about their rights, and fostering economic self-reliance and psychological resilience.



The presence in Poland expands the Fund's geographic reach, ensuring a holistic and cross-border approach to protecting the rights of those affected by war and supporting their adaptation to a new environment.

## **ACTIVITIES OF THE FUND'S**

## REPRESENTATIVE OFFICE IN POLAND

#### **KEY WORK DIRECTIONS**

The work of R2P Poland covers several crucial fields for protection seekers:



#### LEGAL ASSISTANCE

Individual consultations, document support, and awareness-raising activities. In 2024, the Fund provided individual legal consultations online throughout Poland and offline in Warsaw, supporting Ukrainian protection seekers on issues such as legalisation, loss of UKR status, social benefits, employment, housing, education, and rights protection.



## INFORMATION SUPPORT

Creation of clear tools and materials related to legalisation, social rights, the labour market, etc. The Fund's lawyers launched a chatbot that provides real-time access to legal information and consultations.



### **ADVOCACY**

Protection of beneficiaries' rights through dialogue with Polish and international institutions. In 2024, the team actively engaged in advocacy, submitting appeals to Polish ministries and agencies to resolve systemic issues affecting the rights and support of protection seekers.



## PSYCHOLOGICAL SUPPORT

Individual and group sessions, educational and therapeutic activities. In 2024, the Fund's psychologists supported children and adults, helping to reduce stress, adapt to a new environment, and improve emotional well-being. Assistance was provided both online and offline. The team organised psychological workshops for

parents and children, group activities for children and teens, and addressed issues such as bullying, especially in the context of school integration.



Consultations for entrepreneurs, mentoring, and training. For many Ukrainians in Poland, self-employment has become the only viable option for employment and financial stability. The Fund supported this through:

- an entrepreneurship course for single mothers/fathers (34 participants);
- a mentoring programme for five winners of a business idea competition.

#### **KEY EVENTS OF 2024**



#### March 2024:

- Launch of the Legal Advisor 2.0 for
- Ukrainians in Poland chatbot.



### First anniversary of R2P Poland in

- April 2024.
- The team celebrated a year of presence in Poland —
- a year full of challenges, cooperation, and daily
- support for those in need.

# GEOGRAPHIC SCOPE AND TARGET GROUPS

The primary operations are based in Warsaw, but online support is available throughout Poland.

The Fund supports a wide range of beneficiaries, including:

- Ukrainians under temporary protection;
- asylum seekers;
- the war-affected women and children;
- vulnerable groups persons with disabilities, single parents, and the elderly.

## **TEAM OF THE POLISH REPRESENTATIVE OFFICE**

### OF RIGHT TO PROTECTION

#### **TEAM STRUCTURE**

The Polish representative office of Right to Protection is a unique humanitarian non-governmental organisation that provides support to Ukrainian protection seekers in Poland. A defining feature of the team is its intercultural composition and deep understanding of beneficiaries' needs: it includes professionals who have themselves experienced displacement following the full-scale invasion, as well as members of the Ukrainian diaspora and Polish citizens.

The Fund's specialists face the same challenges that protection seekers report, giving them profound insight into real-life issues. In close cooperation with R2P's Ukrainian office, the Polish branch effectively addresses legal and advocacy matters that require a cross-border approach and the dialogue between the countries.

In 2024, Right to Protection Poland's team consisted of 12 professionals with expertise in law, psychology, advocacy, communications, partnerships, and project management.

Key roles include:

- lawyers and immigration specialists;
- psychologists;
- programme coordinators;
- communications specialists;
- caseworkers and individual support specialists.



## INTERDISCIPLINARY APPROACH

The Fund employs an integrated, interdisciplinary model: each case is approached holistically, involving relevant specialists from various fields. This allows the team to:

- deliver individualised support;
- coordinate legal and psychological assistance:
- respond effectively to complex beneficiary needs;
- adapt support in line with changing laws and social contexts.



12

employees works for Right to Protection Poland, three of whom have worked in the humanitarian field



45%

employees moved to Poland because of the war in Ukraine



1

member of the team is of Polish origin

# 乎

## **LEGAL AID**

#### INDIVIDUAL LEGAL ASSISTANCE

In 2024, Right to Protection Poland focused on providing individual consultations and support to beneficiaries dealing with complex legal issues during their stay in Poland. Special attention was given to those who arrived after the full-scale invasion and faced challenges adapting to new legal and social environments. These challenges included legalisation of stay, signing rental agreements, receiving state aid, employment, taxation, family law, access to education, and healthcare.

Consultations were conducted by experts educated and experienced in the Polish legal system, allowing them to overcome language and cultural barriers, build trust, and provide accurate, professional guidance.

The legal team worked across various areas, including migration and refugee law, civil, labour, and administrative legislation. Many cases required knowledge of both Polish and Ukrainian law, facilitated by collaboration with the Right to Protection team in Ukraine.

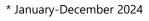
Legal assistance was provided online throughout Poland, as well as offline in Warsaw. Consultations were conducted by specialists with experience in the Polish legal system, which made it possible to deliver clear and accessible information in Ukrainian.

Beyond consultations, the legal team also assisted in complex cases referred by partner organizations, including issues of fraud, domestic violence, child protection, and repatriation of deceased persons. These often required an interdisciplinary approach, combining legal, psychosocial, and advocacy support.

## THE MOST COMMON ISSUES FACED BY OUR BENEFICIARIES

- legalisation of stay, including temporary protection, UKR status, international protection, temporary and permanent residence permits;
- social benefits and support, such as assistance in navigating the ZUS system and accessing other social benefits, particularly for persons with disabilities, as well as resolving issues related to pension payments;
- legal aspects of employment, namely support with drafting and interpreting employment contracts, explaining labor rights, and resolving cases of unpaid wages;
- consulting on starting and running a business;
- support in matters of housing rental and deposit recovery;
- providing information on access to and navigation within the Polish education system.

**KEY FIGURES\*** 





**829**beneficiaries received legal aid



**1,348** legal consultations provided



**22** public legal events held



## **LEGAL AID**

#### **LEGAL CHATBOT**

In March 2024, Right to Protection Poland launched the Legal Advisor 2.0 for Ukrainians in Poland chatbot on Telegram and Facebook. This innovative digital tool significantly enhanced the work of legal specialists and provided 24/7 access to essential legal information..

#### The chatbot offers:

- a knowledge base on key legal and administrative topics;
- step-by-step guides on legalisation, social benefits, employment, healthcare, education, housing, and border crossing;
- contact details of Polish institutions and emergency services;
- option to send a direct inquiry to legal experts for personalized consultation.

seekers from Ukraine. It is also available on Facebook

This platform allows users to easily access important information by selecting categories, narrowing them down to specific subcategories, and providing clear and understandable answers. Topics covered by the bot include:

- Legalization / Documents
- ZUS / Social Benefits
- Work / Business
- Family / Education
- Healthcare
- Housing / Transport
- Border Crossing
- Stop Violence
- Current News

This tool has become not only a source of important information but also a means of rapid response in complex situations, especially when in-

Its 24/7 availability ensures support regardless of the beneficiaries' location.

person consultation is not

possible.

### **KEY FIGURES\***



**7,000+** unique users on Telegram



1,000+
Facebook
subscribers



1,300 consultations provided in the chatbot











<sup>\*</sup> March-December 2024



## **LEGAL AID**

#### **DOCUMENT SUPPORT**

Throughout 2024, Right to Protection Poland's team provided comprehensive legal process support — from initial consultation to document submission. This approach enabled both legal advice and hands-on assistance with applications, forms, complaints, and other documents critical to beneficiaries' rights.



#### Document support included:

- preparation and submission of applications and petitions, in particular regarding permits for temporary residence, international protection, and renewal of residence permits, as well as cases related to civil and administrative law;
- assistance with starting a business through individual mentoring, consultations, and registration support;
- case-management consultations, which ensured an individualized approach and solutions to complex beneficiary requests.

## Thanks to the specialists' document support, the Fund implemented important cases, including:

- Restoration of UKR status: the Fund's specialists helped beneficiaries reinstate legal residence, namely recovering lost UKR status and regaining access to social benefits.
- Diploma recognition: a beneficiary successfully completed the procedure of educational recognition (nostrification) and secured employment in her field in less than a month.
- Recovery of unpaid social benefits: following the Fund's document support, a beneficiary with a child with a disability recovered unlawfully withheld funds amounting to PLN 30,000.
- Judicial support: specialists assisted in filing lawsuits and engaged lawyers to represent beneficiaries' interests, particularly in guardianship cases (e.g., in the case of a mother with Alzheimer's disease).
- Protection of children's rights: the team provided assistance in cases related to bullying and violations of children's rights within the educational environment.

Success Stories

# SPECIALISTS FROM RIGHT TO PROTECTION POLAND HELPED RECOVER ILLEGALLY WITHHELD FUNDS

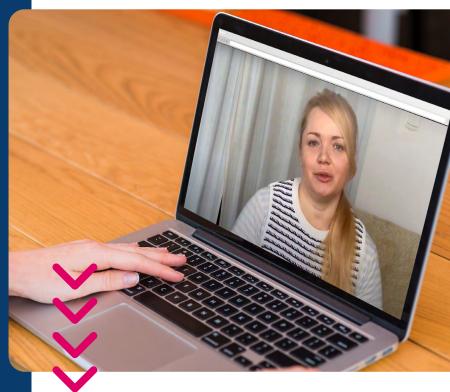
is the story of Inna and her son Valentyn. The boy has a disability, and shortly before Russia's full-scale invasion of Ukraine, he suffered a hip fracture. On February 24, 2022, Inna and her son were trapped on the ninth floor of their building — the elevators were off, and rockets were exploding nearby. When Valentyn developed a fever, Inna knew she had to act.

Thanks to the help of caring people, the family managed to evacuate to Poland. Local men who stayed behind to defend the city helped carry Valentyn down from the ninth floor. In Chełm, Poland, he was hospitalised due to severe inflammation and later transferred to Lublin, where he underwent another surgery.

After three months in the hospital, Inna and her son were given temporary housing. But new challenges arose — financial instability. Inna turned to a company that promised to help her apply for a child disability care allowance. Five months later, she received approval — but the company illegally withheld most of the payment (12,000 PLN) as a "service fee." Despite consulting various lawyers, no one was able to assist her — until she contacted Right to Protection Poland.

Immigration expert Sviatoslava Nykorovych-Mendel worked on the case. She and Inna sent official letters and appeals to the company, and when negotiations failed, Sviatoslava prepared court documents. As a result — after a pre-court warning — the company returned all the unlawfully withheld money.

Thanks to the Foundation, Inna was able to access the much-needed resources for her son's treatment and other urgent needs. Her story serves as a reminder that even in the most challenging of times, there are people ready to help.



"Thanks to the immigration expert Sviatoslava Nykorovych-Mendel and her incredible persistence and professionalism, we were able to recover all the illegally withheld funds," shared Inna.



### REINSTATING TEMPORARY PROTECTION IN POLAND

Iha arrived in Poland in March 2022 with her two children after the start of the full-scale invasion. It was her first time abroad, and everything felt unfamiliar and overwhelming.

The complication was that her son did not have a passport, and her daughter's passport had expired. After renewing their documents through the consulate and using them to travel back to Ukraine, Olha discovered a new problem: her son's UKR status (temporary protection for Ukrainians) had not been updated in the Polish system. As a result,

Iha arrived in Poland in March 2022 with her social benefits were discontinued. All attempts to two children after the start of the full-scale resolve the issue independently were unsuccessful.

After five months of trying, Olha discovered Right to Protection Poland and reached out for help. Immigration expert Marianna Filipchuk carefully analysed the situation, helped prepare a written appeal to the Polish Border Guard, and then to the Social Insurance Institution (ZUS). Thanks to this professional support, the problem was resolved within three weeks, and her son's social benefits were reinstated.

"I believe you are doing something significant. Immigration is difficult — and forced migration, like what many Ukrainians are experiencing now, is twice as hard. Being in a new country with a different language, schools, and living conditions — while also caring for children and your mental state — is an extremely complex situation. Support like yours is invaluable," said Olha.

Success Stories

# RECOGNITION OF THE TEACHING DEGREE IN POLAND THROUGH NOSTRIFICATION

2023, Angela contacted Right to Protection Poland to begin the nostrification of her Ukrainian teaching degree. In Ukraine, she had completed higher education in pedagogy and had experience working with children. After moving to Poland, she wished to continue her profession, but to do so, her diploma had to be officially recognised.

The process proved to be lengthy and challenging. It involved preparing and submitting documents to a Polish university, passing a qualification exam before a commission, completing additional practice, and overcoming various bureaucratic hurdles. Angela received full legal and advisory support from the Fund, including document preparation, communication with the university, and step-by-step explanations.

The process took over a year, but thanks to Angela's determination and the Fund's support, her diploma was officially recognised. Today, she works in a kindergarten in Poland.



This story shows how professional support and self-belief can help achieve goals, even in a new country. Most importantly, Angela can now return to her beloved profession and make a meaningful contribution to society.

"I am deeply grateful to the Right to Protection Poland team and Sviatoslava for their patience, guidance, and moral support. When it felt like nothing would work out, you said: 'We're with you, and we'll do this together.' Now my diploma is recognised in Poland, and I can work in my beloved profession again — that means the world to me," said Angela.



## **ADVOCACY FOR THE RIGHTS**

# INDIVIDUAL CASES AND SYSTEMIC ADVOCACY BY THE FUND'S SPECIALISTS

Advocacy, alongside legal and psychological support, was a cornerstone of the Fund's activities. Throughout 2024, we addressed both individual requests and systemic issues faced by our beneficiaries.

#### The team of lawyers responded to:

- cases of erroneous loss of temporary protection status (UKR);
- issues concerning child protection;
- problems related to compulsory education and the associated child benefits.

By combining individual case support with analysis of recurring problems, we formulated advocacy requests addressed to relevant government agencies. This allowed us not only to resolve specific cases but also to contribute to closing systemic gaps.

### **COOPERATION WITH STATE INSTITUTIONS**

In 2024, Right to Protection Poland sent dozens of official letters and advocacy appeals to:

- The Ministry of Interior and Administration;
- The Ministry of Family, Labour and Social Policy;
- The Ministry of National Education;
- The Social Insurance Institution (ZUS);
- The Border Guard;
- The Ombudsman's Office and other key institutions. The main topics included:
- regulation of the legal status of stay for Ukrainians in Poland:
- risks of deprivation of PESEL UKR and social benefits;
- access to education for Ukrainian children and cooperation between the Ukrainian and Polish education systems;
- protection of minors in foster families and in cases of leaving Poland;
- social guarantees for elderly people and persons with disabilities;
- problems with access to medical and digital services (including the Diia.pl application);
- support for young people leaving foster care;
- countering disinformation.

Results of this work:

- some postulates were included in amendments to the Special Law;
- bilateral meetings were held with government institutions and the Ombudsman;
- communication was established with the Ministries of Interior, Education, Family and Social Policy, Finance, Digitalisation, as well as with the Embassy of Ukraine in Poland;
- several issues are still being monitored, pending responses from public institutions.

These appeals addressed both individual cases and systemic improvements. Some resulted in immediate responses, such as the distribution of guidelines on restoring protection status or clarifications about access to education for Ukrainian children.

Some of these letters led to direct responses and actions, while others helped highlight important issues and contributed to their eventual resolution.



## **ADVOCACY FOR THE RIGHTS**

#### LONG-TERM IMPACT OF THE FUND'S ADVOCACY

Advocacy has become a permanent and integral part of R2P's activities in Poland. The Fund's specialists not only addressed individual beneficiaries' issues but also consistently worked on systemic change.

Together with other organisations, the Fund co-signed a collective advocacy letter outlining a position on Poland's migration strategy. This initiative yielded significant results — the Ministry of Civil Affairs held public hearings at which over 80 organisations, including the Fund, presented their recommendations. Such an open dialogue confirmed the importance of cooperation between civil society and government institutions in shaping fair and effective migration policy.

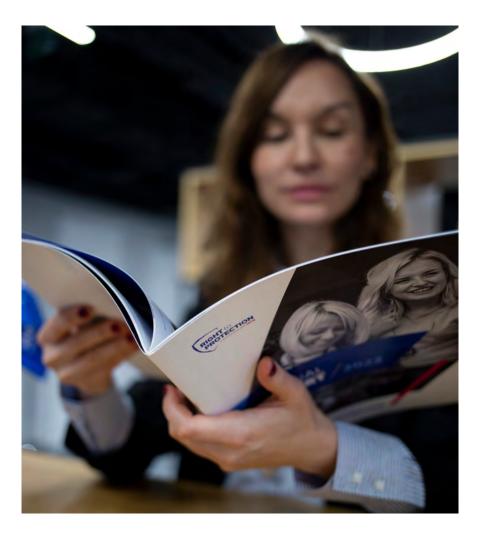
Thanks to direct contact with beneficiaries and consistent advocacy, specific changes have been achieved:

## **PROBLEM**

The Fund initiated a systemic solution. In cooperation with the Ministry of the Interior and Administration, official clarifications were issued regarding the restoration of temporary protection status.

### 1. RESOLVING THE UKR STATUS LOSS 2. FACILITATING AMENDMENTS TO THE LAW, ON ASSISTANCE TO **CITIZENS OF UKRAINE**

Thanks to advocacy efforts, legal inconsistencies regarding the status of Ukrainian citizens were eliminated, improving access to social rights and services.



As a result, hundreds of beneficiaries were able to legalise their stay, reinstate social benefits, nostrify their diplomas, start businesses, and defend their interests in court. This experience demonstrates that systemic advocacy and legal assistance are critically important tools for protecting the rights of vulnerable groups in Poland.



# **ECONOMIC INCLUSION**

In 2024, Right to Protection Poland launched a new direction — supporting the economic inclusion of Ukrainian asylum seekers in Poland. The programme used a comprehensive and systemic approach to support beneficiaries through education, coaching sessions, consultations, and the development of personal and career growth strategies.





## EDUCATIONAL AND MENTORSHIP PROGRAMMES FOR PROTECTION SEEKERS

Given the strong interest in self-employment and business creation, the Foundation launched several programs to build entrepreneurial skills, including:

- Access to thematic online meetings with experts;
- Individual coaching sessions and consultations on career and entrepreneurial development.

In 2024, a pilot initiative was launched to support aspiring entrepreneurs.

- A total of 39 business ideas were submitted.
- Five finalists received individual support, help with grant applications, and expert assistance in launching their businesses.

The comprehensive Empowering Entrepreneurship programme combined online training and practical seminars.

- 33 participants (single parents) were selected.
- They completed training in marketing and legal frameworks and received mentoring support.
- The final stage was an in-person workshop in Warsaw with networking opportunities.

These programmes were implemented with the support of UNHCR.

For many, self-employment was the only viable path to employment and financial stability.



# **ECONOMIC INCLUSION**

# THE RE:MATCH: HELPING UKRAINIANS FIND A NEW SAFE HOME PROGRAMME

In 2024, the Fund implemented the unique Re:Match project in partnership with Berlin Governance Platform (Germany) and Pairity (Canada). The initiative aimed to facilitate the voluntary relocation of Ukrainians from Poland to Germany, providing follow-up integration support in host communities.





- A special algorithm was used to match participants with the most suitable locations in Germany, taking into account their circumstances.
- All 70 selected participants (out of 300 applicants) received individual consultations, logistical and organisational support, covered travel costs, and continued assistance during the adaptation process.
- Most participants have already integrated into their new communities, joined local initiatives, enrolled in language courses, and registered their children in schools.

The Re:Match programme became a model for cross-sector collaboration and a humane approach to mobility and integration in times of crisis.



## **PSYCHOLOGICAL SUPPORT**

One of the key features of Right to Protection Poland's work in 2024 was assisting in Ukrainian, a language of trust and understanding. Our specialists are not only professionally qualified but also have personal displacement experience, enabling them to empathise deeply with beneficiaries and serve as both counsellors and peers.

#### **KEY FIGURES\***



**2,382** individual psychological consultations conducted

unique beneficiaries received psychological support

January-December 2024

#### INDIVIDUAL CONSULTATIONS

Our psychologists offer personalised support through individual consultations, both online and offline. These sessions (up to 50 minutes each, typically 1–6 meetings) create a safe environment to address trauma and challenging emotions.

#### MAIN TOPICS INCLUDE:

- Crisis support and coping with loss: loss of loved ones, home, safety, dignity, or control.
- **Rebuilding life in a new environment:** forming future goals, action plans, and transitioning from depression to active reintegration.
- **Monitoring children's well-being:** addressing trauma and emotional effects of war, and facilitating integration into new social settings.





## **PSYCHOLOGICAL SUPPORT**

### **GROUP FORMATS: BUILDING COMMUNITY**

Group sessions not only provide psychological support, but also foster new connections and mutual understanding. This is especially important for children and adolescents who have lost their social circle.





**105** group consultations attended



**1,000** participants





## SUPPORT FORMATS FROM PSYCHOLOGISTS AT RIGHT TO PROTECTION POLAND:

- support groups (sharing experiences and mutual support);
- workshops (on time management, digital hygiene, adaptation).

#### MAIN TOPICS OF THE GROUP WORK:

- planning amid uncertainty;
- loss of home;
- long-distance relationships;
- school bullying;
- age-related specifics of adolescents;
- children's screen addiction;
- emotional intelligence and resilience;
- psychological readiness for entrepreneurship.

<sup>\*</sup> January-December 2024



## **PSYCHOLOGICAL SUPPORT**

# SPECIAL SUPPORT PROGRAMMES FROM THE FUND'S PSYCHOLOGISTS: RESPONDING TO THE GREATEST NEEDS

- Development of emotional intelligence to increase resilience
   Formation of skills of emotional self-regulation to counter stress.
- Psychological readiness for entrepreneurship
   Support for people who want to start their own business in forming confidence and emotional readiness.
- Support group "Ridni" for relatives and wives of defenders of Ukraine
   This is a safe space for women whose loved ones are fighting or have fought,
   where they can openly share feelings, find understanding and support. "If
   you need a place to express difficult emotions and meet women in a similar
   situation join our free weekly meetings." Sessions are aimed at solidarity,
   comfort, and psychological support.
- Thematic meetings: "Coaching and Polish language: the path to selfdevelopment"

The Fund organizes meetings that combine coaching and the development of the Polish language. They help to strengthen psychological resilience and language skills necessary for integration. The meetings are conducted by a psychologist and certified coach.

• Work with Ukrainian guardians and orphans

In cooperation with Caritas Poland, we provide psychological support to Ukrainian guardians and orphans evacuated from boarding schools to Poland. The Fund helps to cope with the trauma of displacement and establish life in a safe environment, working both with children and with their guardians to strengthen resilience and a sense of community.



### New approaches: art therapy through dance

The Fund began to implement art therapy through movement, in particular dance. This makes it possible to express emotions that are difficult to convey in words. Dance therapy helps to establish a connection with the body and feelings, overcome trauma, increase confidence and resilience. Such a form of therapy complements classical methods of psychological support, promoting personal growth and emotional well-being.

# INFORMATIONAL, EDUCATIONAL, AND CULTURAL ACTIVITIES OF THE FUND

### EVENTS AND WEBINARS: A SUPPORTIVE COMMUNITY

Throughout 2024, Right to Protection Poland organised dozens of informational, educational, and integration events that became more than just a series of sessions. They created a safe space for open communication, knowledge sharing, and mutual support, fostering trust and a sense of community among Ukrainians in Poland. These initiatives allowed hundreds of people not only to receive necessary information or advice but also to feel that they were not alone in unfamiliar circumstances far from home.

## The events focused on key spheres of adaptation:

- legal assistance;
- psychological stabilisation;
- working with children and teenagers;
- professional development and selfrealisation;
- coping with trauma and strengthening emotional resilience.



- Meeting for children aged 6–8: Creative Holidays: Discover Your Talent.
- Meeting for teenagers aged
   9–13: Creative Holidays:
   Discover Your Talent.
- Support meeting for women: Close Circle.
- Webinar: 800+ Child Benefit and Loss of UKR Status.
- Art therapy workshop for teenagers aged 13–17.



Webinars, workshops, discussions, creative studios, and support groups were held regularly in Warsaw and online, reaching hundreds of participants from various regions of Poland.



February



March

- Support meeting for teenagers.
- Support meeting for women: Recovery.
- Discussion panel: Starting Business in Poland.
- Art therapy workshop for teenagers.
- Support meeting for women: Close Circle.
- Webinar with a psychologist: Long-Distance Relationships.
- Art therapy sessions: 5 Core Emotions.
- Webinar with a psychologist: Teenage Migration.
- Art therapy workshop for teenagers.
- Art therapy sessions: 5 Core Emotions.
- Webinar: Personal Income Tax (PIT): General Information, Calculation, and Practical Tips.
- Game-based meetings for teenagers aged 13–17.

# INFORMATIONAL, EDUCATIONAL, AND CULTURAL ACTIVITIES OF THE FUND



March

- Thematic meeting for women: Working with Fear Using Metaphorical Cards.
- Game-based meeting for teenagers aged 9–12.
- Webinar with a psychologist: Bullying in Schools.
- Thematic meeting for women: Planning Techniques for Future Success.



**April** 

- Webinar for World Autism Awareness Day.
- Practical seminar: About PIT Over Coffee.
- Game-based meetings for teenagers aged 13–17.
- Thematic meeting for women: Planning Techniques.
- Meeting with a psychologist for participants of the Trampoline project.
- Workshop: Easter Egg as a Symbol of Family and Nation.
- Webinar with EduHub: UKR Status and International Protection.
- Webinar: Changes and New Provisions in Ukrainian Mobilisation Law.



May

- First informational meeting on the relocation programme to Germany: Re:Match.
- Game-based meetings for teenagers aged 13–17.
- Webinar with EduHub: Legalisation Paths for Children, Students, and Other Ukrainians Not Working in Poland.
- Informational meeting on the relocation programme to Germany: Re:Match.
- Thematic meeting for women: Coaching and the Polish Language a Path to Self-Development.



June



- Webinar on mobilisation in the context of changes and new provisions in Ukrainian law.
- Literary evening with Halyna Novosad.
- Webinar: Restoring 800+.
- Thematic meeting for women: Planning Techniques.
- Webinar on pension provision.
- Thematic meetings: Coaching and the Polish Language a Path to Self-Development.
- Psychological support group for teenagers.
- Counteracting bullying in schools.
- Webinar: Temporary Protection 2024–2025: Changes and Updates Regarding the UKR Status.
- Interaction Skills for Childcare Providers.

## INFORMATIONAL, EDUCATIONAL, AND

### **CULTURAL ACTIVITIES OF THE FUND**



July

- Thematic meetings: Coaching and the Polish Language a
   Path to Self-Development.
- Emotions in Art.
- Art Therapy: Emotions.
- Webinar: Temporary Protection 2024–2025: Changes and Updates Regarding Refugee Status.



August

- Legal aspects of renting property in Poland.
- Psychological support group for women.
- Webinar: Labour Market in Poland.
- Introduction to Polish schools and bullying prevention.
- Psychological support group for teenagers.
- Psychological support group for women.
- R2P Poland Open Day.



September

- Psychological support group for teenagers.
- Psychological support group for women.
- Open Day.





October

- Art Therapy: Emotions.
- Group for younger teens: Self-Esteem.
- Thematic meeting: Polish Schools: Adaptation, 800+, and Bullying.
- Meeting for older teens: Strength Within.
- Training: Confidence in Dance: Express Yourself Through Movement.
- Webinar: Understanding Suicide: From Myths to Facts.



November

- Group for younger teens.
- IRC meeting: Emotions.
- UNHCR / Practical session in Warsaw.
- Children's Rights Day + Flashmob.
- Group for older teens.
- Dance therapy for women.
- Thematic meeting: Niebieska Karta (Blue Card).



December

- Group for younger teens.
- Group for older teens.
- Thematic workshop: Planning and Exploring Personal Goals.
- UNHCR / Practical session in Warsaw.
- Webinar: Social Benefits for Ukrainians in Poland.

## INFORMATIONAL, EDUCATIONAL, AND

## **CULTURAL ACTIVITIES OF THE FUND**

## INFORMATIONAL AND EDUCATIONAL EVENTS ON LEGAL AND SOCIAL ISSUES

Understanding the need of Ukrainians for reliable legal and social information, the Fund actively organised webinars on current topics. These events provided hundreds of beneficiaries with valuable knowledge and practical tools to help them better navigate complex life situations abroad. They met the participants' immediate needs and boosted their confidence and ability to make informed decisions independently.

Over 700 people registered for webinars focused on changes in the special law regarding UKR status, and more than 200 participated. This high level of interest indicates a strong demand for accessible, professional legal information, allowing us to expand our audience and provide targeted support.

In collaboration with international partners, R2P Poland hosted several focused events. For example, the Fund's lawyers conducted a webinar on labour relations for Save the Children beneficiaries. In partnership with EduHub and UNICEF, a large webinar, Everything You Need to Know About Studying in a Polish School: Enrollment, Adaptation, Bullying Prevention, was organised and viewed by over 6,000 people. This demonstrated high trust in our expertise and the effectiveness of the format. It also provided insights into participants' needs, enabling us to tailor our future initiatives better.

Some webinars were interdisciplinary, hosted by both lawyers and psychologists. For example, during a session on school bullying,



participants received legal advice and psychological support. This comprehensive approach helped inform and create a safe space for discussing sensitive topics and finding solutions.

Due to high demand and active participation, we received valuable feedback that deepened our understanding of the needs of our target groups. This feedback serves as a basis for further improving content and formats. In the future, we plan to expand our webinar topics to include social protection, children's rights, integration, and mental health, thereby opening up opportunities for new strategic partnerships and creating a platform for ongoing educational activities on key legal and social issues.

# INFORMATIONAL, EDUCATIONAL, AND CULTURAL ACTIVITIES OF THE FUND

### **CULTURAL EVENTS**

In 2024, the Fund organised several cultural events that provided a space for preserving Ukrainian identity, fostering creative expression, and strengthening community bonds in the context of forced migration.





April

A traditional Easter pysanka workshop brought together participants around an ancient Ukrainian tradition, fostering cultural heritage and intergenerational dialogue.



May

A literary evening with Halyna Novosad, dedicated to modern Ukrainian literature, allowed participants to immerse themselves in Ukraine's poetic and cultural context, regardless of their location.



August

A meeting with writer Lena Korsak, who presented her book, Through Burnout, combined a cultural presentation with elements of psycho-emotional support, opening space for discussion on resilience and personal growth.





November

The first in a series of therapeutic dance sessions aimed at self-expression through movement, stress reduction, and emotional recovery.

Each event not only promoted Ukrainian culture but also created a safe space for mutual support, dialogue, and community building. The cultural component plays a vital role in preserving identity, building trust, and supporting the mental well-being of beneficiaries in new circumstances.



## COMMUNICATION **RESULTS**

### **SOCIAL MEDIA COMMUNICATION AND** THE FUND'S MEDIA **PRESENCE**

Communication through social media and mass media is a key part of Right to Protection Poland's work. In a time of humanitarian crisis and high demand for information, public communications serve two primary functions: informing target audiences (Ukrainian asylum seekers, migrants, partner organisations, donors) and advocating for the war-affected and forcibly displaced population.

#### SOCIAL MEDIA

In Poland, the Fund runs communication through several core channels:

Facebook



Content on social media is practical and focused:

- timely updates on legal changes, new laws, legalisation procedures, and access to social services;
- announcements of events (webinars, trainings, support groups, etc.);
- introductions of new projects and support programmes;
- promotion of psychological well-being through advice series and activities:
- success stories and examples of resolving complex situations:
- collaborative initiatives with international organisations.



Instagram



Telegram



### **OFFICIAL CHANNELS OF RIGHT TO PROTECTION** POLAND

Website of the Polish representative office: R2P.NGO

**Facebook** 



Instagram

**Followers** 

3,300

2,500

Reach

88,025

28,700

### MEDIA ENGAGEMENT

Right to Protection Poland is gradually expanding its visibility in the Polish media landscape. The Fund comments on current events related to the rights of refugees and internally displaced persons, participates in thematic publications and speeches, and implements information campaigns.

The main lines of cooperation include:

- cooperation with Polish Radio (interviews, expert commentary, radio programmes);
- partnerships with Polish online communities and pages targeting Ukrainians in Poland to spread information about the Fund's services;
- media coverage of projects, initiatives, and launches to strengthen trust and public recognition.

The Fund follows principles of ethical communication, prioritising beneficiary safety and consent, avoiding traumatising content, and ensuring clarity and accuracy in messaging.



# PARTNERSHIPS AND CROSS-SECTORAL COLLABORATION

## STRATEGIC ALLIANCES AND NETWORKING

Throughout 2024, Right to Protection Poland actively expanded its cooperation with both international and local organisations. This led to the signing of multiple memoranda of understanding and partnership agreements, forming a solid foundation for joint activities with over 20 organisations across Poland.

This collaboration went beyond formal agreements, focusing on the mutual exchange of knowledge and experience, particularly in refugee support. These efforts enabled the implementation of best practices, enhanced technical expertise, and improved approaches to supporting displaced individuals.

Partnerships strengthened our network and increased programme effectiveness, allowing for more comprehensive, coordinated, and sustainable support to those in need.

## MEMBERSHIPS AND COLLABORATIVE NETWORKS

**Razem NGO Forum** — a platform of over 200 organisations. It serves as a ground for interaction, exchange of experiences, and joint influence on humanitarian and social activities in Poland. The Fund's experts actively participated in thematic groups on partnership and advocacy, sharing insights, co-developing solutions, and organising webinars on digital safety. Weekly meetings offer opportunities to explore others' work and establish partnerships. The Forum also provides tailored expert support to its members. A dedicated working group on disinformation was formed within the Forum, bringing together organisations to collectively combat the spread of false information and establish a united front to address these pressing issues.

**Federacja Mazowia** — a regional coalition of over 80 NGOs in the Mazowieckie Voivodeship. The Fund participated in regular meetings, knowledge exchanges, and joint initiatives, strengthening collaboration at the local level.

KOOM (Coalition of Minority and Migrant Organisations) — established to unite the potential of minority and migrant organisations. Its strategic goal is to build a democratic, equal, and inclusive society that values diversity and ensures full rights for national and

ethnic minorities, as well as migrants. The coalition is composed of organisations from Lower Silesia (Kalejdoskop Kultur Foundation), Mazovia (Our Choice Foundation — now Ukrainian House), Małopolska (Zustricz Foundation), and Podkarpacie (Association of Ukrainians in Przemyśl).

**Mapuj Pomoc** — a platform for information exchange and advocacy coordination.

**Inicjatywa Nasz Rzecznik** — a group of NGOs that closely collaborates with the Polish Ombudsman's office.

These partnerships not only strengthened the Fund's impact but also opened doors to innovative collaboration and long-term initiatives. They reflect a shared commitment to supporting vulnerable groups, exchanging knowledge, and achieving lasting change through collective efforts.

## **RIGHT TO PROTECTION**

## **IN UKRAINE**

Right to Protection Charitable Fund is a leading human rights organisation in Ukraine that provides multi-purpose assistance to IDPs, the war-affected population, refugees, asylum seekers and stateless persons. The Fund implements programmes offering legal, psychological, and material support to IDPs and the war-affected population, as well as provides social assistance and monitors the protection of rights. Furthermore, R2P promotes social cohesion in hromadas and the economic inclusion of IDPs and the war-affected population.



THANKS TO THE COORDINATED WORK OF OVER 1,100 PROFESSIONALS, THE FUND PROVIDED:



220,000+

individual consultations



**4,700**+ group events



820+

trainings and integration events



20

advocacy initiatives aimed at systemic protection of affected communities



Reaching over

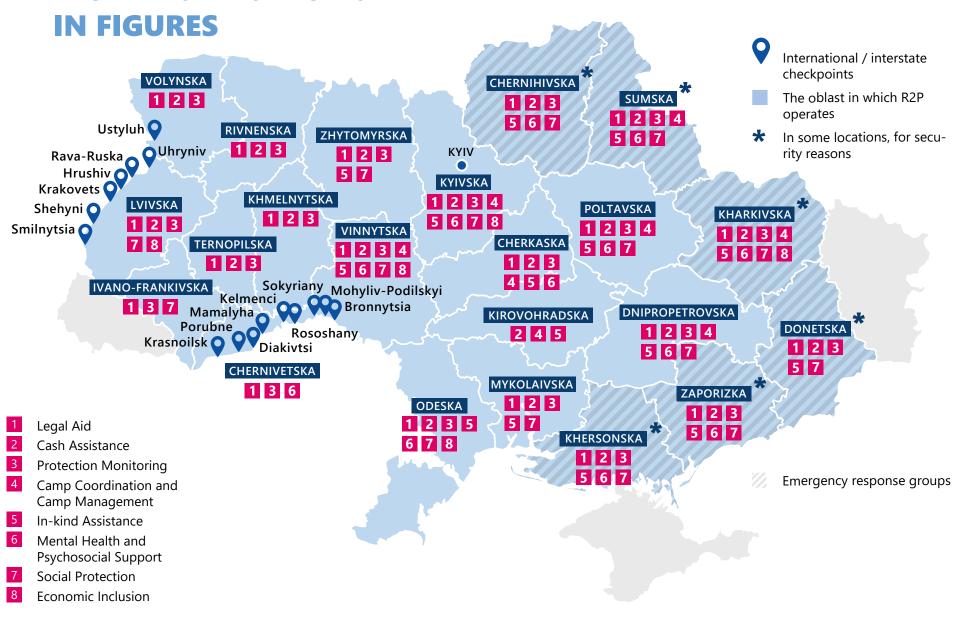
partners

800,000

beneficiaries in Ukraine and abroad

**54** projects

## **RIGHT TO PROTECTION**





## **HAPPY TO HELP!**

